

## Documentation Requirements for Prior Authorization of Therapeutic Injections

Effective Date: 08/27/2018

Revised Date: 10/14/2020

Responsible Department: Medical Services

Reviewed Date: 10/14/2020

### Introduction

Workforce Safety & Insurance (WSI) requires prior authorization for most therapeutic injections, as outlined in the [Utilization Review Guide](#). For injection services requiring prior authorization, the WSI Utilization Review (UR) department completes a review of the medical documentation submitted to ensure the criteria establishing medical necessity is present. WSI utilizes Work Loss Data Institute's Official Disability Guidelines (ODG) as the standard of care in this review process.

The purpose of this policy is to establish the minimum elements of medical documentation WSI requires to initiate a medical review for prior authorization of therapeutic injections. Submission of appropriate and complete medical documentation decreases the need for repeated requests and improves turnaround time for reviews.

### Policy

WSI requires a provider complete the [UR Review Request \(UR-C\)](#) form and submit it along with supporting documentation relevant to each type of injection. The Utilization Review (UR) department will begin a prior authorization review upon receipt of the UR-C form.

The first step in the review process is to ensure all required medical documentation is present. Below are the minimum elements of documentation WSI requires to establish medical necessity.

- Most current evaluation and management documentation, which must be current within 3 months prior to the planned injection(s) and include:
  - Patient history
  - Current pain scores (0-10)
  - Activities of daily living
  - Sleep status
  - Physical exam
  - Medical assessment
  - Medical necessity for the requested procedure
  - Patient functional capabilities and return to work status
  - Treatment plan
  - Medication management, including any new, continued, and discontinued medication(s)
- Injection order from the provider specifying the type, level, and location of requested injection
- Pre- & post- injection pain scores for previous injections, including duration of therapeutic relief\*

---

## Documentation Requirements for Prior Authorization of Therapeutic Injections (Continued)

In the event WSI receives a request for prior authorization not meeting the documentation requirements, the UR department will attempt to notify the requesting party. If the requested information is not received, WSI will deny the UR-C due to lack of information and notify the requesting party via letter.

This policy applies to the following types of injections: Epidural Steroid Injections (ESI); Regional Sympathetic Block; Intra-articular Sacroiliac (SI) Joint Injection (Fluoroscopy or CT Guidance); Botox Injection; Viscosupplementation (Hyaluronic Acid) Injection; Facet Joint Intra-articular Block/Facet Medial Branch Block/Radiofrequency Medial Branch Neurotomy (Ablation).

For detailed guidance on completing the UR-C for an injection, see [Appendix: Completing Injection Section of UR Review Request \(UR-C\)](#).

WSI has also developed the [Post Injection Pain Response Note](#), which a provider may use to record pertinent information required for establishing the medical necessity of additional injections. The use of this form is not mandatory and does not replace the necessity of the UR-C form to request additional injections.

## Appendix Completing Injection Section of UR Review Request (UR-C)

The below is an excerpt from the [UR-C](#) form. Section 7 collects information specific to an injection request. See below for detailed instructions on how to properly complete this section for each type of injection:

<b>SECTION 7 – Injection request (**Levels are required where indicated)</b>	
①	Epidural steroid injection (ESI) <input type="checkbox"/> translaminar / intralaminar ESI <input type="checkbox"/> cervical <input type="checkbox"/> thoracic <input type="checkbox"/> lumbar <input type="checkbox"/> transforaminal ESI or selective nerve root block: specific level(s) required** <input type="text"/> <input type="checkbox"/> right <input type="checkbox"/> left <input type="checkbox"/> bilateral <input type="checkbox"/> caudal epidural steroid injection
②	Regional sympathetic block <input type="checkbox"/> upper extremity: stellate ganglion block <input type="checkbox"/> right <input type="checkbox"/> left                      number of injection(s) <input type="text"/> <input type="checkbox"/> lower extremity: lumbar sympathetic block <input type="checkbox"/> right <input type="checkbox"/> left                      number of injection(s) <input type="text"/>
③	<input type="checkbox"/> Intra-articular sacroiliac (SI) joint injection (fluoroscopy or CT guidance) <input type="checkbox"/> right <input type="checkbox"/> left <input type="checkbox"/> bilateral
④	<input type="checkbox"/> Botox injection: area <input type="text"/>
⑤	<input type="checkbox"/> Viscosupplementation (Hyaluronic acid) injection <input type="checkbox"/> right <input type="checkbox"/> left <input type="checkbox"/> bilateral knee(s) <input type="checkbox"/> Series                      number of injection(s) <input type="text"/> <input type="checkbox"/> Synvisc® One injection
⑥	<input type="checkbox"/> Facet joint intra-articular block**   Level(s) <input type="text"/> <input type="checkbox"/> right <input type="checkbox"/> left <input type="checkbox"/> bilateral
	<input type="checkbox"/> Facet medial branch block**                      Level(s) <input type="text"/> <input type="checkbox"/> right <input type="checkbox"/> left <input type="checkbox"/> bilateral
	<input type="checkbox"/> Radiofrequency medial branch neurotomy (ablation)**   Level(s) <input type="text"/> <input type="checkbox"/> right <input type="checkbox"/> left <input type="checkbox"/> bilateral
⑦	<input type="checkbox"/> Other (examples: peripheral nerve block(s) or plexus block(s))

- ① Epidural Steroid Injection (ESI)
  - Specify region for translaminar / intralaminar ESI
  - Specify level and region for transforaminal ESI or selective nerve root block
- ② Regional Sympathetic Block – Check either upper or lower extremity, left, or right, and number of injection(s)
- ③ Intra-articular Sacroiliac (SI) Joint Injection (Fluoroscopy or CT Guidance) – Check left, right, or bilateral
- ④ Botox Injection – Specify area
- ⑤ Viscosupplementation (Hyaluronic Acid) Injection – Specify left, right, or bilateral
- ⑥ Facet Joint Intra-articular Block / Facet Medial Branch Block / Radiofrequency Medial Branch Neurotomy (Ablation) – Specify level(s) and right, left, or bilateral
- ⑦ Other – If other type of injection, provide detailed explanation on type, region and level being completed